## The 3 Rs of Bullying

#### 1) Recognize:

Recognize the bullying (Repeated, Intentional & Power Driven)

#### 2) Refuse:

If you feel safe,
refuse the bullying by
being assertive and
telling the bully to stop
(if you don't feel safe,
go straight to an adult
for help!)

#### 3) Report:

Then report the bullying to an adult

For Questions Call: (509) 374-5391



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Stand Up For

Yourself & Others

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Talk

Tell

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