

Remember, You Deserve Respect!

Harassment: To create an unwanted, aggressive or hurtful behavior that makes the person feel uncomfortable or unsafe.

Direct: In front of the person's face.

Indirect: Target is not present



EXAMPLES OF HARASSMENT

- **Physical harassment:** Hitting, kicking, pushing, punching, hurting and slapping.
- **Cyberbullying:** Using the Internet to bully with rumors, mean messages, inappropriate emails, photos, etc.
- **Emotional/Social:** Spreading rumors, leaving people out, gossiping and harming someone's reputation.
- **Verbal:** Name calling, threatening, nasty or hurtful comments, racial slurs and rude comments.
- **Visual:** Comments written on lockers, binders or bathroom stalls. Unwanted staring or winking. Inappropriate pictures on school computers



FLIRTING

Flirting is welcome attention

Flirting goes both ways

Flirting makes you feel flattered or attractive

Flirting makes you feel in control

Flirting makes you feel good about yourself

Flirting is **LEGAL**

SEXUAL HARASSMENT

Sexual harassment is not wanted

Sexual harassment is one-sided

Sexual harassment makes you feel put down or ugly

Sexual harassment makes you feel powerless

Sexual harassment makes you feel bad or dirty

Sexual harassment is **ILLEGAL!**

Sexual Harassment may take different forms, including:

- Physical contact: grabbing, pinching, touching, or kissing you against your will.
- Sexual comments: name-calling, starting rumors about you, making sexual jokes at your expense, or making sexual gestures at or about you.
- Sexual propositions: asking you for sex or repeatedly asking you out when you have said no.
- Verbal, visual or electronic contact: phone calls, letters, or e-mails. These can be mean, threatening, or they can seem flattering or nice (but still make you uncomfortable). If anything makes you feel uncomfortable, seek help from a trusted adult.