# Harassment

Harassment: any unwanted, aggressive, or hurtful behavior that offends, humiliates, intimidates or creates a hostile environment. It may be an ongoing pattern of behavior or a single act. Harassment can be bad enough or happen often enough to make you feel uncomfortable, scared or confused and can interfere with your schoolwork or your ability to participate in extracurricular activities or attend classes. It is unfair and one-sided.









Stop Harassment from Happening.' <u>Recognize it!</u> Harassment is a serious issue <u>Take Action!</u> Refuse it by saying stop <u>Keep Records!</u> Write down details, date and time <u>Get Support!</u> Tell a friend, family, or call SARC <u>Report it!</u> If it continues to happen Harassment is NEVER OK!

Dayl 6th

# **Different Types of Harassment**

## Direct

Done with the target present Ex: hitting or being in their space uncomfortably



# **Physical Harassment**

Using physical power and control over someone, or damaging property

#### **Biased Harassment**

Harassment based on race, color, national origin, disability, religion, gender, and age

## Indirect

Done without the target present Ex: spreading rumors or cyberbullying



# Sexual Harassment

Any unwelcome sexual behavior that makes someone uncomfortable

# **Cyberbullying**

Using technology as a means to harass someone Example: Snapchat, texting

#### Social Harassment

Using the relationship of two (or more) people as a weapon/tool for someone to get what they want. Damaging someone's social reputation or social acceptance. Often used between "friends" Example: Encouraging others to socially exclude someone

