

# Harassment

**Harassment:** any unwanted, aggressive, or hurtful behavior that offends, humiliates, intimidates or creates a hostile environment. It may be an ongoing pattern of behavior or a single act. Harassment can be bad enough or happen often enough to make you feel uncomfortable, scared or confused and can interfere with your schoolwork or your ability to participate in extracurricular activities or attend classes.

It is unfair and one-sided.



## Stop Harassment from Happening!

### Recognize it!

*Harassment is a serious issue*

### Take Action!

*Refuse it by saying stop*

### Keep Records!

*Write down details, date and time*

### Get Support!

*Tell a friend, family, or call SARC*

### Report it!

*If it continues to happen*

# Harassment is NEVER ok!

