

Sexual Harassment

Unwanted and unwelcome visual, verbal or physical behavior of a sexual nature that is repeated after there has been a clear statement that it is not welcome



Sexual harassment may take different forms, including:

- Physical contact, like touching, grabbing, pinching, or kissing you without your permission.
- Sexual comments, like name-calling, starting rumors about you, making sexual jokes about you, or making sexual gestures at or about you.
- Sexual propositions, like asking you for sex or repeatedly asking you out when you have said no.
- Unwanted proposition communication, like phone calls, texts or emails. These can be mean, nasty, threatening, or they can seem flattering or nice but still make you uncomfortable.

FLIRTING

SEXUAL HARASSMENT

Flirting is welcome attention



Sexual harassment is not wanted



Flirting goes both ways

Sexual harassment is one-sided

Flirting makes you feel flattered or attractive

Sexual harassment makes you feel put down or ugly

Flirting makes you feel in control

Sexual harassment makes you feel powerless

Flirting makes you feel good about yourself

Sexual harassment makes you feel bad or dirty

Flirting is **LEGAL**



Sexual harassment is **ILLEGAL!**



Don't let flirting go too far...

Some flirting is normal, but sometimes it can be hard to tell the difference between flirting and sexual harassment.

(*NOTE: An adult flirting with a child is not normal and NEVER okay)

If you think you are flirting with someone but they don't respond the way you want them to, ask yourself:

- Does the person not seem happy with your attention?
- Do they laugh at your jokes?
- Does the person seem to be avoiding you?
- Are they flirting back?

YOU MIGHT BE MAKING THEM UNCOMFORTABLE

THE BOTTOM LINE IS: IF THE PERSON RECEIVING YOUR SEXUAL OR ROMANTIC ATTENTION DOESN'T WANT IT AND YOU CONTINUE, THAT'S HARASSMENT AND YOU SHOULD STOP

What You Can Do

Tell Them To Stop

Tell the harasser to stop, if you can. You can get a friend to talk to the harasser. You have the right to respect. Tell an adult if you don't feel safe.



Take It Serious

Others may minimize what happened, calling it a joke or teasing. What's important is how you felt about what happened. Don't ignore it. The problem may get worse.

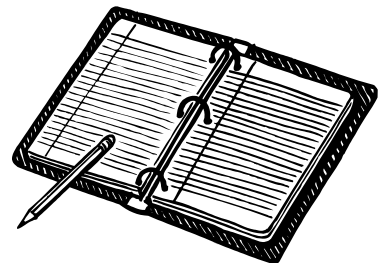
Tell Someone



Talk to a teacher, counselor or principal. Talk to someone you believe will help. Talk to your family, friends and your school counselor for information and emotional support. It's very typical to experience frustration, confusion, anger and embarrassment if you are sexually harassed.

Keep Records

It is important to write down the things that happen to you if the harassment continues. Keep a record with dates, times, places, and names of witnesses.



Take Action

If the sexual harassment does not stop, you can file an informal grievance at your school. You can contact the **Support, Advocacy Resource Center** if you need more assistance.



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Remember, You Deserve Respect!