Life Can Be Rough! These Places Can Help:

For Help Dealing with Sexual Assault:

http://www.rainn.org 1.800.656.4673 (Gender Equal) http://www.lin6.org Online Chat Room For Males http://www.arp.org 1.212.714.1141 (LGBTQ)

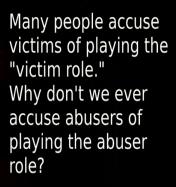
For Help Dealing with Sex Trafficking:

http://humantraffickinghotline.org 1.888.373.7888 http://www.watraffickinghelp.org 1.888.373.7888

For Help Dealing with an Addiction to Porn:

https://www.addiction.com/addiction-a-to-z/porn-addiction/porn-addiction-treatment

1.844.675.0993



Put the blame where it belongs!



Things Happen! These Places Can Help:

Dealing with Relationship Abuse:

https://www.thehotline.org 1.800.799.7233 http://www.loveisrespect.org 1.866.331.9474

Dealing with Sexually Transmitted Diseases (STDs):

www.plannedparenthood.org 509.207.3017 http://www.bfhd.wa.gov/base/index.php 509.460 4200

http://youmedical.org/ 1-800-712-4357 or Text 313131

Dealing with Suicidal Thoughts/Partners:

https://suicidepreventionlifeline.org 1.800.273.8255 https://www.crisistextline.org TEXT: 741741

Got Questions?
So do we.
Let's ask them together.

FACTS

1 in 10 teens have been hit by their boyfriend/girlfriend

1 in 5 teens say that most of their friends are in unhealthy relationships

1 in 3 high school students report being in an abusive dating relationship

Call or come to SARC anytime.
Support, Advocacy and Resource Center
1458 Fowler Street
Richland, WA 99352
509.374.5391

HUMAN SEX TRAFFICKING

The use of force, fraud or coercion to compel a person into any form of work or service against the person's will. Or when someone under the age of 18 years is caused to engage in commercial sex acts. **Survival Sex** is when a youth is "paying" for shelter, food, clothing or other basic needs with sexual activity or sexual pictures. Individuals might see a vulnerability of a teen and "trade" sex or sexual acts to fill the need. When there is a negotiation of trading sex for goods, needs or money, it becomes exploitation. It is illegal to pay (with goods or money) for sex. As a minor (someone under the age of 18) in these situations, you would be considered a victim.

The law does **not** recognize the following **THREE** populations as able to give consent:

- 1. Persons under the age of 16
- 2. Persons with mental disabilities
- Persons under the influence of drugs and/ or alcohol

WHAT IS CONSENT?

- * Consent is based on choice
- * Consent is active
- * Consent is possible only when there is equal power
- * Consent is saying "Yes"
- * Consent is always something we or others can revoke: in other words, everyone gets to change their mind, at any time, including after they've already said yes

LACK OF CONSENT IS RAPE or SEXUAL ASSAULT

Washington State Rape Laws—RCW 9A.44

AGE OF VICTIM

Less than 12 years old

At least 12 but less than 14 years old

At least 14 but less than 16 years old

AGE OF OFFENDER

At least 24 months (2 yrs) older than the victim

At least 36 months (3 yrs) older than the victim

At least 48 months (4 yrs) older than the victim

MAXIMUM PENALTY (Adults/Juveniles charged separately)

got consent?

Up to life in prison. Register as a sex offender

Up to life in prison. Register as a sex offender

Up to life in prison. Register as a sex offender

Felationship Goals *

Learn to Trust Them

You have to trust your partner.
The best relationship begins with a deep trust, and even if problems come up (and they will) the trust is strong enough to keep you together.

Accept Your Partner's Past

We all have baggage, you have to learn to deal with it. Some things are easier to get over than others, but sometimes you can't fix everything. You have to accept them, learn from them and then move on.

Forgive Quickly and Truly

Whenever you fight, learn from the fight. Look at what was said and how things were resolved. Once you learn from it, you can apply that lesson and avoid another fight later.

Encourage Growth and Change

You have one life to live, you should explore it to the fullest! If you want to try something new or go back to something old, you should find support in your relationship. And you should give them support in return.

A HEALTHY

RELATIONSHIP WILL NEVER REQUIRE YOU TO SACRIFICE YOUR **FRIENDS**, YOUR **DREAMS** OR YOUR **DIGNITY**.

Admit When You Are Wrong

If your partner is right, don't be afraid to say so. Respect their point of view. The important thing is helping your relationship grow. Compromising will definitely assist in the growth of your relationship.

Communicate with Each Other

Make sure and express your feelings to one another, being open and honest can greatly benefit your communication with your partner. Respecting each others feelings is very important.