

The SMART Rule

S: Stop what you are watching

M: Minimize the screen

A: Ask yourself if you feel comfortable with what you saw

R: Report to an adult if you are uncomfortable

T: Talk about it!

For Questions Call:

(509) 374-5391



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My
SMART
Online
Pledge:

When I am
online, if I see
something that
makes me or
my friend
uncomfortable,
I will tell an
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S: Alto

M: Minimiza la pantalla

A: Preguntate si te sientes comodo

R: Si no sientes comodo informa a alguien de confianza

T: Habla al respecto

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Mi

*Promesa
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*Cuando estoy
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se lo dire a un
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