

ADVOCATE

A Publication of the Support, Advocacy, & Resource Center

Fall 2014

POINT OF VIEW

The focus of this newsletter is to show the influence pornography has in our society. Pornography can become addictive, causing relationships to fall apart. A local resident tells her story of how her husband’s pornography addiction led to the demise of their marriage, her children’s relationship with their father and his downward spiral into child pornography—resulting in felony charges and now he is a registered sex offender.

“Living with someone who is addicted to pornography is like living in constant chaos, but not being able to see where the chaos is coming from. The person, who is supposed to be your partner, hides his true self.

I lived with a porn addict for twelve years, had three children with him, and from the outside it looked like I had an ideal life. But on the inside of our house, it was like living with a person who I loved, and knew who had a problem, but I could never quite figure out what it was. Many times it was like any other addiction – hiding something, late nights, and memory loss, but I could never find evidence of substance abuse.

My husband’s porn addiction became the most important thing in his hidden life. He would stay up late “working” but what he was really doing was watching porn videos at first, then the internet. It finally came to my attention that he wasn’t doing his lesson plans for school (he was a teacher) and was just showing movies every day. When

I confronted him about lying to me about his late nights, he always had an excuse that seemed to make sense – he was working on football plays, wrestling tournaments, or National Guard work.

His contract was not continued at the end of the school year, and he looked in vain for another teaching job. After two years, he took a job at the local county jail as a corrections officer. The problems started soon after – not following through with paperwork, not following procedures, and “unauthorized use of the computer” during working hours. Little did I know, he was using the work computer to watch his favorite porn during graveyard shift.

After two years, he was let go from that job as well. Our family finances were in constant chaos – and by then we had three small children. He had become distant, and the constant lying about his private life to me took its toll on our relationship. Husband/wife intimacy was gone, he was not interested in sex with me, and I was left wondering what was going on. I defended him with rational explanations – he was depressed from getting fired, or because I was the sole breadwinner in the family his ego was bruised. These things may have played a part, but the root of it all was pornography.

Finally, after another job loss, I couldn’t take the chaos of my life and we divorced. My ex was called to active duty not much later and spent two years in Iraq and Afghanistan, where his pornography addiction went

unchecked. Upon returning to the states, he continued to access porn chat rooms and by then his addiction had accelerated to child pornography.

He was caught in a sting set up to catch people who were pedophiles and dealing in child pornography. His house was raided, and all electronics were confiscated. His new wife was in shock. My children were in shock. But to me, everything finally made sense. Now I knew where the root of the lies and deceit were from.

My ex-husband spent three years in jail for possession and distribution of child pornography (he had emailed a picture to a friend). He now is a felony sex offender - quite a fall from respected teacher, coach and Major in the Army.

He is now estranged from his children, who want nothing to do with him. I still deal with the fallout from his choices: my anger toward the decisions he made which ruined our family and hurt our children.

All of this for his addiction.

-Submitted by Anonymous

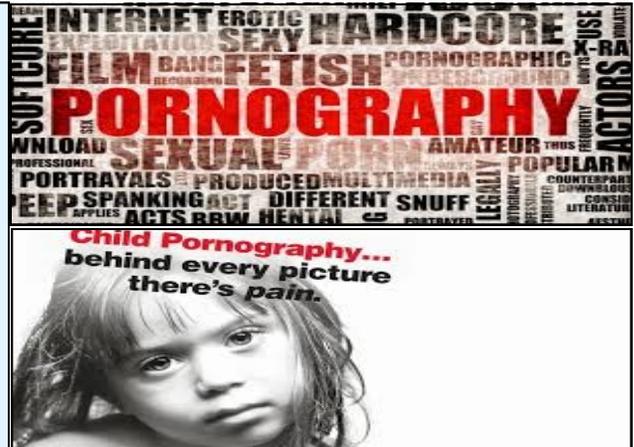
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Pornography

What is Pornography?

Pornography is: Printed or visual material containing the explicit description or display of sexual organs or activity, intended to stimulate erotic rather than aesthetic or emotional feelings. There are many different types of pornography.

Child Pornography is: Sexually graphic images or videos of anyone under the age of 18.
IT IS ILLEGAL!



How Pornography Affects the Brain

The following data can be found on www.fightthenewdrug.org:

Thriving in obscurity and disguised as entertainment, pornography has reshaped society, redefined sexuality, and undermined a generation. Pornographers promise healthy pleasure and relief from sexual tension, but what they often deliver is an addiction, tolerance, and an eventual decrease in pleasure. -Norman Doidge, MD, *The Brain That Changes Itself*

Neurons that fire together, wire together. Just like other addictive substances, porn floods the brain with dopamine. That rush of brain chemicals happening over and over again rewires the brain's reward pathway ultimately changing the make up of the viewer's brain. This can result in an increased appetite for porn. On the surface, cocaine and porn don't seem to have a lot in common but studies are showing that viewing pornography tricks your brain into releasing the same pleasure chemicals that drugs do. What's more is your brain actually begins to rewire itself because of this artificial stimulation.

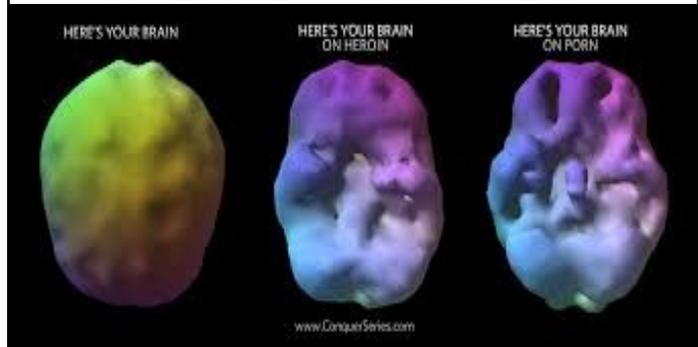
Because of its addictive nature, in order to just feel some sense of normality, an individual usually needs an ever increasing dosage of porn. The material that they seek out also evolves. Over time their appetite pushed them to more hardcore versions to achieve the same level of arousal. Porn is basically sexual junk food. When a person is looking at porn, their brain thinks they're seeing a potential mating opportunity, and pumps the brain full of dopamine. And unlike healthy sexual relationships that build up over time with an actual person, porn offers an endless stream of hyper-sexual images that flood the brain with high levels of dopamine every time the user clicks to a new image.

In a 2012 survey of 1,500 males, 56% said their tastes in porn had become "increasingly extreme or deviant." Because consistent porn users' brains quickly become accustomed to the porn they've already seen, they typically have to constantly be moving on to more extreme forms of pornography to get aroused by it. Many porn users find themselves getting aroused by things that used to disgust them or that go against what they think is morally right. And once they start watching extreme and dangerous sex acts, these types of porn users are being taught that those behaviors are more normal and common than they are. One study found that people exposed to significant amounts of porn thought things like sex with animals and violent sex were twice as common as what those not exposed to porn thought. And when people believe a behavior is normal, they're more likely to try it. Research has also found that watching degrading porn increases users' dominating and harassing behavior toward women, and leaves the user feeling less compassion for rape victims. Porn watchers are also more likely to express attitudes supporting violence against women, which is especially scary since those who support sexual violence are more likely to commit that kind of violence in real life.

Did you know?

- The porn industry is plagued with drugs, violence, and rape.
- Porn users tend to think that what they see in porn is normal behavior and even expect it from their partner.
- Habitual users have more accepting attitudes of violence and report feeling less empathy for rape victims.
- Porn can be addictive because of the level of neuro-chemicals released into the reward pathway.
- A tolerance can be built to porn and you end up needing more of it in more extreme forms.
- Porn teaches warped ideas, attitudes and perceptions about real sex and real intimacy. It is anything but real.
- Many sex trafficking victims forcibly have porn made of them while in captivity. Prostitutes report that porn is frequently used to ingrain in them what is expected.

Brain studies have shown that **pornography addiction is comparable to cocaine or heroin addiction...**



Pornography and Teens

For teens, the risks are especially high, since a teen brain's reward pathway has a response two to four times more powerful than an adult brain—which means teen brains release even higher levels of dopamine. Teen brains also produce higher levels of a protein called "iFosB" (pronounced delta fos b), leaving them extra vulnerable to addiction. When the brain is getting a hit of dopamine, it's also getting new pathways built into it.

Sexual Addiction Screening Test: www.conquerseries.com/sast

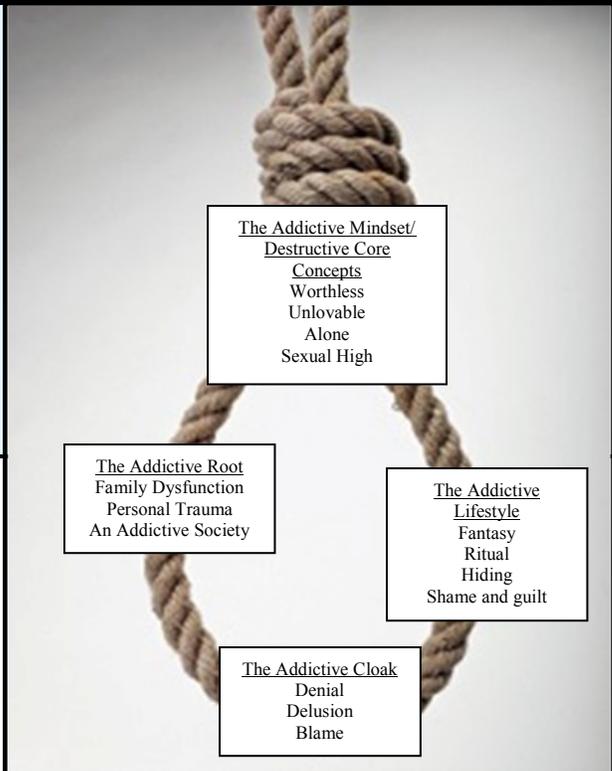
When Masturbation can be Fatal

Sexual asphyxia is accidental strangulation by ligature occurring in an attempt to induce mild cerebral hypoxia during sexual activity for the purpose of enhancing orgasmic pleasure.

"When pressure is put on the vagus nerve in the neck, instantaneous death can happen," explains Dr Dean, a coroner in Essex, UK. "The sudden increase in pressure sends a message to the heart to shut down and a sudden cardiac death will result. This is why this practice is immensely hazardous and extremely dangerous."

Dr John Bancroft, clinical consultant at the Royal Edinburgh Hospital, UK states, "There's something in some people which leads them into strange sexual practices. It's a striving for intense pleasure, or maybe they don't get a satisfactory response from the more usual ways of getting sexual pleasure. Either way it's definitely a dangerous thing to try, and maybe this risk adds to the excitement."

Mosby's Medical Dictionary, 8th ed, 2009, Elsevier.
Roffey, Monique. Independent.co.uk. *Health and Families*



Intervention

Dr. Victor Cline, psychologist and leader in the field of sexual addiction research and treatment concluded after many years of working with sexual addicts that, "most sexual and pornography addictions begin in middle childhood or early adolescence."

It is vital that we open up the conversation to our children and youth just as we do with drugs and alcohol. We need to explain the harmful affects pornography can have. If we do not talk about it, how can we stop it? If you or someone you know may be experiencing signs of pornography addiction, there is help available!

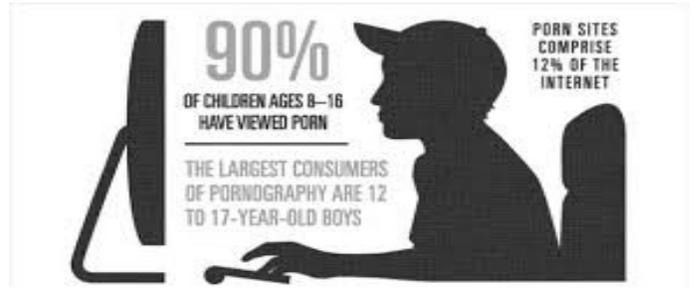
Visit: www.sexualrecovery.com,

www.overcomingpornography.org, or you can contact SARC for additional references.

Pornography...What are the REAL stats?

- The average age a child is first exposed to porn is 11 years old.
- 90% of children ages 8-16 have viewed porn.
- 12% of websites on the internet are pornographic.
- The United States produces 89% of all porn websites.
- Every 30 minutes a porn film is made in the United States.
- The porn industry brings in more revenues than then these top technologies combined: Microsoft, Google, Amazon, Ebay, Yahoo, Apple, Netflix and Earthlink.
- 40 million Americans are regular visitors to porn websites.
- 70% of men ages 18-24 visit a porn website every month.
- Every second \$3,075.64 is spent on pornography.
- Every second 28,285 users are viewing pornography.
- Child pornography generates \$3 billion annually in revenues.
- 70% of internet porn traffic occurs between 9 a.m.—5 p.m., when most people are at work.
- The largest group of viewers of internet pornography is children ages 12-17.

*Stats are from www.fightingthenewdrug.org



For more information on this topic, please contact SARC at (509) 374-5391.

Library Resources



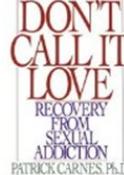
Love Sick: One Woman's Journey Through Sexual Addiction
By: Sue William-Silverman

In this powerful memoir, a woman learns to value herself—as a whole person rather than as a sexual object. [She] tells of her roller-coaster life of sex and self-destructive behavior. Finally, addicted to danger itself, she seeks help of a trusted therapist to discover what love really means. “Compelling...candid, emotionally raw...deeply moving.” Booklist



An Affair of the Mind
By: Laurie Hall

Compelling and poignant, *An Affair of the Mind* tells the story of one woman's struggle to protect herself and children from the devastating effects of pornography. Laurie Hall relives the nightmare that destroyed her marriage, warning others of porn's seductive, addictive nature. Laurie Hall's story is not an isolated case. Studies show that about half of all homes are affected by this hidden enemy of marriage...[and] offers hope for the healing journey.



Don't Call it Love:
Recovery from Sexual Addiction
By: Patrick Carnes

Every day they face the possibility of destruction, risking their families, finances, jobs, dignity and health. They come from all walks of life: ministers, physicians, therapists, politicians, executives, blue-collar workers. Most were abused as children—sexually, physically or emotionally. This is based on the candid testimony of more than one thousand recovering sexual addicts in the first scientific study of the disorder.

EXTRA SPECIAL THANK YOU TO THE FOLLOWING:

10th Annual Pancake Breakfast to Benefit Kids Haven and the Safe Harbor Support Center

Thank you to all the community members who came to the breakfast and showed their support. **Total amount donated to SARC: \$2,883**

SARC would also like to thank the following Sponsors:

Benton/Franklin Mounted Sheriff's

Posse, Henry's Restaurants, Red Door Party Rentals, Bennett Rentals, John & Jan Hansens, Frank & Mary Lamb, Tri-City Sign & Barricade, Windermere Tri-Cities

Pancake Chefs

Andy Miller

Benton County Prosecutor

Leo Bowman

Former BC Commissioner

Steve Keane

Benton County Sheriff

Jerome Delvin

Benton County Commissioner

Chief Ken Hohenberg

Kennewick Police Department

Chief Chris Skinner

Richland Police Department

John Hansens

Coroner

Little People Project Donations

In April, which is Child Abuse Prevention Month, the Columbia Center Mall and WSU Tri-Cities were generous enough to let us display our "Little People". The "Little People Project" is a community awareness project that is designed to raise awareness about the frequency child abuse is happening in our community. Three dimensional wooden figurines are displayed to represent the number of investigated child abuse cases that took place in the previous year and investigated by law enforcement. Last year, the number reported by our local law enforcement agencies was 503 cases of child abuse. We would like to thank the following donors who helped raise a total of **\$2,042** towards the prevention of child abuse:

Duane Moe, Phil McGuinness, Heather Holben-West, Valley Spray LLC, Clyde Willoughby, Stefanie Hunsaker, Karen Diener, Bev Karnes, Jamie Whitaker, Larry Whitaker, Sandy Trine, Jim Compton, Larry & Rebecca King, Jenny Buchanan, Lisa Browning, Karin Pederson, Marilyn Heasley, James Lukacs, Owen & Val Vernon, Alyssa Chapman, Collise Chapman, Glenn Chapman, Linda Chapman, Chad Champan, Amy Crider, Mitch & Mary-Ann Dixon, Denise Martin, Emily Martin, Spencer Martin, Mike & Carolyn Martin, FOP Lodge #7, Rick & Tanya Marquette, Lindsay Gladstone, Cade Gladstone, Adaya Gladstone, Larry & Jonna Hansmeier, Janice & Dave Roach, Ed & Diane Branson, Renee & Dallas Blackman, Jen & Daniel Labadens, Sandie White, Judi & Gary Clark, Kim & Dave Bushey, Susan Abken, Garretson Family, VanderSchoor Family, Krystalina Sanchez, Christine Saucedo, Alfonso Herrera, Elena Ramirez, Mike Killian, Ruth Wolberg, Shawn Sant, Larry Hasketh, Daniel & Jen Labadens, Mary Bliss, Defoe Pickett Law Office, Alex Emig, Bethel Church, Robert & Diana Worthington.

A special thank you to those who helped move the "Little Person" to and from each location: Janice Roach, Terri Chen, Alex Emig, Betty Mendoza, Mary Marquez, Cade Gladstone and Adaya Gladstone.

Strides of Strength

The Strides of Strength walk was a great success this year! We had approximately 75 people showing support and raising awareness of victims and survivors of crime. The walk was led by the Kamiakin High School Drum Line which made this march down Columbia Center Blvd motivational and rose more awareness to those driving by. We would like to thank them as well as everyone that walked this event by taking the steps to support this cause.

A special thank you Lord of Life Church for allowing us access to your facility for our opening ceremonies.

We would also like to thank the following:

- Kennewick Police Department by ensuring a safe walk by blocking off portions of the road, Mike Meyer for the sound system equipment, and Bill Copeland as our guest speaker.
- It is because of generous hearts that the Strides of Strength continues to be a success in this community!

KIDS HAVEN BENEFIT AUCTION

The Support, Advocacy & Resource Center (SARC) raised over \$22,000 through our 14th annual Kids Haven Benefit Auction and Cinco de Mayo Celebration Dinner.

All proceeds will be used to provide counseling and advocacy to victims of child abuse. Last year **307** children received these much needed services.

SARC/Kids Haven would like to thank the following individuals and businesses for their help in making our on-line auction and celebration dinner a success.

We are especially grateful to Umpqua (Sterling) Bank and Tri-Cities Exchange Club for generously being our "Diamond" Sponsors, to Columbia Valley Daybreak Rotary for their "Platinum Plus" Sponsorship, and to the Tri City Herald for donating ad space to thank all of our supporters. Together we are making a difference in the lives of children.

SPONSORS

Umpqua/Sterling Bank, Rick & Cindy Rochleau, Tri-Cities Exchange Club, Columbia Valley Daybreak Rotary,

Kadlec, CH2MHill, Lydig Construction, Inc., Dr. Frances Dernbach, and Marilyn Heasley

INDIVIDUAL DONORS

Carol Harting, Denise Martin, Duane Moe, Emmy Saucedo, Frank & Mary Lamb, Marjie Warden, Mike & Anna Hahn, Renee Blackman, Rick & JoDee Garretson, Brandi Ralston, Suzi Vitulli, Mitzi Veng, Barbara Wolski, Danielle Brown, Lorraine Marie, Russ Brown, Don & Mary Morin, Emily Richman, Rachel Ivey, Dave Sanford, Seth Dawson, Heather Ybarra, Kymberly Hansen, Sharon Gilbert, SARC Board of Directors: Cindy Rochleau, Kevin Hartze, Craig Littrell, Marilyn Heasley, Josh Bunten, Ernie Flowers, Jim Raymond, Janice Roach, Leslie Sievers

LOCAL DONORS

Anthony's Restaurants, Archibald Motors & Elite Auto Detailing, Benton County Prosecutor's Office, Benton Franklin County Fair & Rodeo, Canyon Lakes Golf Course, Chandler Reach Vineyards, Chinese Gardens, Columbia Basin

Pediatric Dentistry, Columbia Park Golf Course, ConAgra/Lamb Weston, Dutch Bros. Coffee, Fairfield Inn & Suites, Fred Meyer-Kennewick, Golf Universe, Hampton Inn Richland, Holiday Inn Express & Suites, Hole in the Wall, Ivar's, Kennewick Police Department, Kestrel Vintners, Li'l Firehouse Coffee, Lucky Flowers, McDonalds, Meadow Springs Golf Course, Mills Music, Pendleton Round-up Association, Personal Touch Cleaning, Inc., Ranch & Home, Red Lion Hotels, Red Lobster, Rollarena, Seattle Seahawks, Sight & Sound Services, Soroptimist International-Three Rivers, Tagaris Winery Inc., Terra Blanca Winery, The Capitol Theatre, Treetop, Touch Wellness Center, Tri-Cities Exchange Club, Tri-City Americans, Tri-City Dust Devils, Tri City Herald, Twig's, Walker's Furniture, WSU Athletics, White Pass Co., Wildhorse Resort & Casino, Wing Stop, YADA Salon, You & I Framing & Gallery



Crime Victim Service Center

The Vigilant Corner

Fall
2014

Crime Types

- Assault
- Child Physical Abuse
- DUI/DWI Crashes
- Elder Abuse
- Fraud
- Hate Crimes
- Human Trafficking
- Identity Theft
- Kidnapping/Missing persons
- Property Crimes
- Robbery
- Survivors of Homicide or victims of Attempted Homicide
- Vehicular Assault

All crimes other than sexual assault or domestic violence.

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Dear Readers,

As an advocate for crime victims, I would like to inform the community of how important it is to keep ones' personal information private. In our world today, most people conduct a lot of their personal business online; for example, shopping, bill paying, socializing, etc. Now I am not suggesting to stop doing things online; however, it is important to be cautious. As we approach the holidays several people will do their shopping online. It is imperative that you understand the risks one takes when punching in the numbers of their credit/debit cards or account information into the computer. Additionally, before disposing of mail with your personal information; such as, bank statements, medical information, etc, you must shred them completely. If you do not, you could put yourself at risk for identity theft which could cause extreme complications for your financial health. I hope you find this issue of the Vigilant informative, helpful and useful to protect yourself and your private information.

Thank you for reading!

Norma Torres-Chavez, Crime Victim Advocate

Defining Fraud & Identity Theft

“Fraud-a deception deliberately practiced with the motive of securing unfair or unlawful gain.”

“Identity Theft-the fraudulent acquisition and use of a person's private identifying information, usually for financial gain.”

Smartpay.gsa.gov



Victim Stories

“In 2011, I found out when I did a credit check for the purpose of applying for a credit card and it was denied. And it was rejected, and that’s when I asked myself, why? I knew I had good credit. I then did a credit report and found that my social security number was being used in opening different accounts. I went from an EXCELLENT credit score to a score of 550. I didn’t understand what was going on! The first step I took was calling all the different creditors where the accounts had been opened under my social security number. I came to find out that my information was being misused in Houston, Texas. The creditors didn’t believe me, and would tell me that I had to pay them back because I was the one who had opened the accounts in the first place. I felt I was running out of options and became desperate! I felt the best thing to do next was filing a police report with Kennewick Police Department and they referred me to the Crime Victim Service Center.

(story continued on page 7)

Victim Stories (continued)

(Continued from previous page)

The Crime Victim Advocate helped me file a claim with each creditor. I was asked to provide proof to each creditor, showing that during the whole time my information was being used, I had to prove that I was living here in the state of Washington and not in Texas. I mean, how could I be in Texas and Washington at the same time, right?

Once I gathered proof, my advocate helped me fax the required documentation to each creditor. I was also instructed to call each Credit Bureau and they were able to put a Security Alert on my credit in case of any other fraudulent or suspicious activity.

“Today, I am relieved to say that I was finally able to get the issue resolved. If I would have given up, I would be in so much DEBT and my credit would be completely ruined. Not only that but I would probably owe thousands of dollars. I would like to tell the community to never trust anyone with your personal information. Shred any documents you no longer need. Don’t just throw them away. Remind yourself that when you create a pin for an account, that pin is only for your eyes and no one else. I went through so much anger, stress, and disbelief. I would constantly ask myself, “Why me, why is this happening to me. I don’t deserve this!” I also suffered harassment from the creditors. They would constantly call me and tell me that I had no choice but to pay MY DEBT. I applied for jobs and I wouldn’t get the job offers due to horrible credit which wasn’t my fault to begin with. Yes, many jobs out there check to see the kind of credit score you have. I would like to thank the Crime Victim Service Center for giving me my life back, for giving me hope, support and encouragement! I could not have done it without you!”

-Local Resident

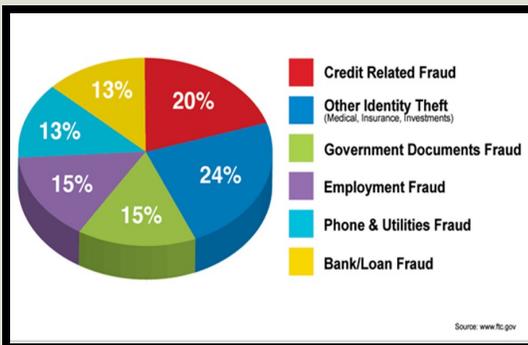
Identity Theft Victim Story

“Eighteen months after moving in with his fiancée, Joe Tremba received a collection letter about a past due credit card account that had been assigned to a collection agency. “I was confused,” said Tremba, who always pays his bills on time. “I have only one credit card—an American Express card that I pay in full every month. The letter referred to a Visa card with a \$5,000 balance.” He immediately called both the collection agency and the original creditor. After hours of detective work, Tremba discovered that an identity thief forged a credit card application sent to him at his previous address. Tremba explained the situation to the collection company as well as the Visa card representatives. Trouble was, the creditors had no way of knowing whether he was telling the truth, or if it was his way out of paying a bill. Twelve months later, Tremba still answers calls from creditors trying to collect the debt. Though Tremba wants to buy a house, the collection account wreaked havoc on his credit score. He wonders whether he should keep fighting to have the collection account removed from his credit report; sometimes he thinks he should pay the entire \$5,000 bill and be done with it. Either way, he knows he must delay the purchase of a home for his new family because his credit score is too low to receive the best interest rates. Tremba follows almost all of the rules of identity fraud prevention. He shreds important documents, never uses roadside mailboxes to send important information, and keeps his social security number under lock and key. If he had known about the fraudulent activity eighteen months ago, he could have called the creditor immediately and cancelled the account. He would have remembered details on certain days, possibly offering proof that he was not physically present at the location and time certain charges were made to the visa account. The account would never have been sent to collections, nor would it have harmed Tremba’s credit score. And most likely, after initiating a speedy investigation, the creditor would have concluded that Tremba was not responsible. What should Tremba have done differently? Philip X. Tirone, author of 7 Steps to a 720 Credit Score, says consumers should pull their credit reports at least quarterly. By monitoring their reports regularly, victims may catch identity theft early.”

TYPES OF FRAUD

- Counterfeit Credit Cards — To make fake cards, criminals use the newest technology to “skim” information contained on magnetic stripes of cards, and also to pass security features (such as holograms).
- Lost or Stolen Cards — Often cards are stolen from a workplace, gym or unattended vehicle.
- Card Not Present (CNP) Fraud — Internet fraud occurs whenever charge card information is stolen and used to make online purchases. Usually, a merchant will ask for the CVC code (located on the back of the card itself) to help prevent this type of fraud.
- Phishing—a cardholder receives a fake email directing him or her to enter sensitive personal information on a phony website. The false website enables the criminal to steal information from the cardholder.
- Non-Receipt Fraud—new or replacement cards are mailed and then stolen while in transit.
- Identity Theft Fraud — Whenever a criminal applies for cards using another person’s personal information.

What Are The Different Types Of Fraud? GSA SmartPay: <https://www.smartpay.gsa.gov/cardholders/card-basics/fraud/types>



- An estimated 15 million United States residents have their identities used fraudulently each year with financial losses totaling upwards of \$50 billion.
- Close to 100 million additional Americans have their personal identifying information placed at risk of identity theft each year when records maintained in government and corporate databases are lost or stolen.
- These alarming statistics demonstrate that identity theft may be the most frequent, costly and pervasive crime in the United States.

Retrieved from: Identity Theft Info.: Identity Theft Victim Statistics, 2012. <http://www.identitytheft.info/victims.aspx>

Steps To Reporting Fraud or Suspected Fraud:

- File a police report and save report # for your records
- Place a fraud alert on your credit report by contacting at least one of following three credit reporting agencies: **Transunion:** 800-680-7289 **Equifax:** 1-888-766-0008 **Experian:** 1-877-297-7790
- Pull a current credit report from www.annualcreditreport.com
- Ensure that all the activity on your credit report is generated by you
- If you find fraudulent activity on your credit report, call the company that corresponds to the activity and report that the activity/account is fraudulent (they will most likely require the police report number)
- Keep detailed records of what you do, who you spoke to, companies you’ve called, etc
- **File a claim online:** [Fraud Reporting Form](#); <http://oig.ssa.gov/report>

FRAUD.ORG is a project of the National Consumer’s League. Fraud.org provides a complaint form on their home page website. **Once you’ve filed your complaint** The National Consumers League maintains a Fraud Alert System (FAS) for the benefit of accredited law enforcement agencies. The FAS automatically forwards complaints received by Fraud.org that meet certain criteria to the proper investigative agency. Currently, the FAS is used by more than 90 federal, state, local and international law enforcement agencies.

For more information you may contact the National Consumers League by phone at (202) 835-3323 or by email at info@nclnet.org.

Whenever you are asked for your social security number, ask why your number is needed, how it will be used and what will happen if you refuse. The answers to these questions can help you decide if you want to give out your Social Security number.

How might someone steal your number?

- Your wallet, purse, and your mail (bank statements, preapproved credit offers, new checks and tax information may be stolen).
- Posing by phone or email as someone who legitimately needs information about you, such as employers or landlords.
- Stealing personal information you provide to an unsecure site on the Internet, from business or personnel records at work and personal information in your home.

- Buying personal information from “inside” sources. For example, an identity thief may pay a store employee for information about you that appears on an application for goods, services or credit.

What if you think someone is using your number?

If you suspect someone is using your Social Security number contact police to report the problem right away.

If the person affected by this has done everything possible to fix the problem and is still not successful, then Social Security may assign a new social security number if the number is still being misused.

For questions or concerns in regards to possible misuse of your social security number, you may contact social security at **1-800-772-1213, TTY 1-800-325-0778** or **socialsecurity.gov**.

Tips For Online Shopping:

1. Guard your account information carefully.
2. Obtain a physical address rather than simply a post office box and a telephone number, and call the seller to see if the telephone number is correct and working.
3. Send an e-mail to the seller to make sure the e-mail address is active, and be wary of those that utilize free e-mail services where a credit card wasn't required to open the account. **(Consider not purchasing from sellers who won't provide you with this type of information.)**
4. Purchase merchandise directly from the individual/company that holds the trademark, copyright, or patent.
5. Be cautious when buying from individuals/companies from outside your own country.
6. Inquire about all the terms and conditions.
7. Check out other websites regarding this person/company.
8. It is not safe to give out your credit card number online unless the site is secure.
9. Don't trust a site just because it claims to be secure.
10. Before using the site, check out the security/encryption software it uses.
11. There should be no reason to give out your social security number or driver's license number to the seller.
12. Be very well informed on the individual or company to ensure that they are legitimate.
13. If possible, purchase items online using your credit card, because you can often dispute the charges if something goes wrong.
14. Make sure the transaction is secure when you electronically send your credit card number.
15. Find out what actions the website/company takes if a problem occurs and consider insuring the transaction and shipment.
16. Determine what method of payment the seller is asking from the buyer and where he/she is asking to send payment.

Quote for this newsletter:

“Rather fail with honor than succeed by fraud.”

-Sophocles

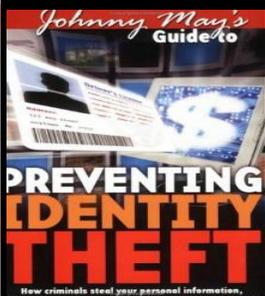
The Vigilant Corner

The Vigilant Corner

If you would like to know more about the topic addressed in this issue of The Vigilant, please don't hesitate to contact the Crime Victim Service Center 509)374-0130.



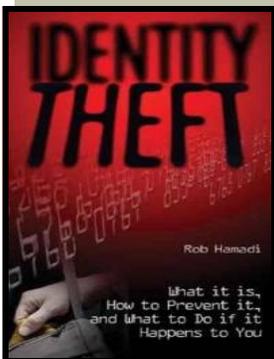
Recommended Books



Johnny May's Guide to Preventing Identity Theft: How criminals steal your personal information, how to prevent it, and what to do if you become a victim

By: Johnny May

With over 27 million identity thefts reported in the last five years and over \$48 billion in theft losses to businesses and financial institutions in 2002 alone, the crime of identity theft has reached epidemic proportions. In this up to date and comprehensive guide, you will learn: What identity theft is, the impact of the internet and other technology, how thieves steal your personal information, what you can do to prevent it and step by step instructions for what to do if you become a victim. —and how you can join the movement.



Identity Theft: What it is, How to Prevent it, and What to do if it Happens to You

By: Rob Hamadi

This book discusses the every day instances in which, we carelessly throw out financial papers, seemingly innocent statements of bills and open ourselves up to invasion by simply not thinking about what the consequences of divulging information to people will be. It parallels Identity Theft from a US and UK perspective. It was a fascinating comparison of the two systems, which are very similar in some respects. It gives good advice on what steps to take if you have been a victim and also resources to check credit reports. It is very well organized and easily understood.

REMINDER: All CVSC library books and videos are free to checkout.

Additional Resources

Delivering Trust

This U.S. Postal Inspection Service web site contains the latest news on fraud schemes and features online videos on each major type of fraud.

<http://www.deliveringtrust.com/>

IC3 is a partnership between the Federal Bureau of Investigation (FBI), the National White Collar Crime Center (NW3C), and the Bureau of Justice Assistance (BJA). IC3's mission is to serve as a vehicle to receive, develop, and refer criminal complaints regarding the rapidly expanding arena of cyber crime.

<http://www.ic3.gov/default.aspx>

National Crime Victim Law Institute (NCVLI)

The Responding to Online Fraud Project was launched by NCVLI to provide victim assistance to victims of internet-related fraud and identity theft. Services provided include resource connection, referrals to legal services and education and prevention.

http://law.lclark.edu/centers/national_crime_victim_law_institute/for_victims/self_help/issue/?cid=Fraud

Fraud.org is available to help protect consumers from being victimized by fraud.

<http://www.fraud.org/learn/internet-fraud>

Crime Victim Service Center

The Crime Victim Service Center (CVSC) is designed to offer services to crime victims and their non-offending family members, friends, secondary victims, and witnesses to crime. CVSC provides services to victims of crime including: assault, homicide, burglary, robbery, kidnapping, elder abuse, child abuse, identity theft, trafficking, and gang violence. CVSC is a program of the Support, Advocacy & Resource Center of Benton/Franklin Counties in Collaboration with the YWCA of Lewiston/Clarkston and the Walla Walla Police Department. The Support, Advocacy & Resource Center (SARC) is a non-profit United Way Community Partner.

SARC has served Benton and Franklin Counties since 1977. SARC's mission is to provide crisis services, support, and advocacy to victims of all non-domestic violence crimes, non-offending family members, and others who are impacted by crime. We strive to create and maintain a community without violence through prevention-based education. The YWCA of Lewiston/Clarkston is a private, non-profit social service organization that operates a comprehensive crisis intervention program serving residents of Asotin, Garfield, and Columbia Counties. The YWCA is committed to providing direct services for victims, educating the public and advocating for social change to improve the quality of life in our communities.

The Walla Walla County Crime Victim Service Center is located within the Walla Walla Police Department. You do not need to file a police report to contact one of the victim advocates. The Walla Walla CVSC handles all crimes except sexual assault and domestic violence.

24-Hour Crisis
Line
Benton,
Franklin,
Columbia,
Garfield and
Asotin
Counties

1-888-9-VICTIM

WE'RE ON THE WEB

CRIMEVICTIMSERVICECENTER.ORG

The Crime Victim Service Center (CVSC) is here to help you. CVSC is available 24-hours a day to assist anyone who has questions or concerns about crime and the confusion that comes along with being a victim of a crime. CVSC services are free of charge and are confidential. Please contact CVSC at (509) 374-0130 for information or to access the following services.

Services

Legal and Medical Advocacy

Our agency staff respond to hospital calls to provide medical advocacy to victims of crime. We also provide legal advocacy at police interviews and court proceedings. Moral support and information is given to victims, family, friends, and witnesses to crime.

Crisis Intervention

Our staff provides short-term crisis intervention to clients. Advocates provide information, support, and validation for the client's feelings. We often recommend that clients seek additional therapy to assist in the healing process.

Library Resources

Some CVSC Programs have a wide collection of books on the topic of crime and issues surrounding crime victimization. These resources are available for CVSC clients and the general public.

Crisis Line

CVSC advocates are available 24-hours a day to answer questions, or simply provide support if you just need someone to listen. This line also serves as a point of contact for clients who may need immediate emergency assistance.

Referral Services

Our staff is able to assist clients in finding resources and information related to their victimization.

Therapy Referrals

Referrals are available for counseling. We have information regarding payment options; sliding fee scales, Provider One ("medical coupon"), and Crime Victims Compensation; a program through Washington State Labor & Industries.

RCW 7.69.030

Right of victims, survivors, and witnesses

(9) "To have a crime victim advocate from a crime victim/witness program present at any prosecutorial or defense interviews with the victim, and at any judicial proceedings related to criminal acts committed against the victim..."



SARC Program Reports



Sexual Assault Program

One of our long-term clients finally had resolution in her court case during the Spring. Her abuse began in her teens by her father. She became pregnant as a result of the abuse and never ended up disclosing until her siblings started calling her derogatory names because she was a pregnant teen. After her disclosure she was isolated and discarded from her immediate family members. She is now 19 and has custody of her daughter, who she is raising without support. Her father pled guilty to 3 counts of incest. During his sentencing he had the support of their entire family and her support system included, Brandi, SARC Advocate and 2 of the Detectives that investigated her case. She did submit a Victim Impact Statement to the court during his sentencing hearing; however, she was unable to read the statement out loud and had to have the Prosecutor read it. The victim has recently decided that it is time for her to begin her healing by beginning counseling. She is hopeful for the future and is happy to be past the involvement she had with the legal system in her life.



Crime Victim Service Center (CVSC)

SARC has been a permanent partner in the Tri-Cities Coalition Against Trafficking or TC-CAT. This coalition has been tasked with developing and implementing a protocol to expand across both Benton and Franklin Counties to respond to Commercial Sexual Exploitation of Children or CSEC. In April, the protocol was signed by various city, county, faith-based and private organizational partners. In addition to our role as an advocate for victims of CSEC, we are also tasked with coordinating the multi-disciplinary team case review meetings when a victim or suspected victim surfaces. Part of the protocol is to respond to cases with a coordinated effort and continue helpful communication to ensure the victim is receiving the services and support they need. Since the beginning of the last fiscal year through the end of the current year we have had 8 meetings regarding different suspected/known victims of CSEC. Some of the partners we have worked with this year have been; law enforcement, prosecutors, assistant attorney general's, child protective services investigators, mental health providers, homeless shelter coordinators, faith justice network, juvenile justice, emergency medical responders, social service agencies and representatives from service clubs. There is a continued effort to include additional entities and individuals within the coalition; for example, the hoteliers have been invited and encouraged to participate.

Kids Haven

Total interviews for last year have decreased by 9%. The number of off-site interviews has decreased by 21% which is good because families can connect to advocacy services earlier in the investigation and process which is much more helpful. The crime types that have been coming through Kid's Haven for interviews have changed also; sexual abuse cases have reduced by 13% and the witness to violence category has increased by 36%. It is great to see the agencies using Kid's Haven for several crime types!

Fiscal Year	Total Interviews	Sexual Abuse	Physical Abuse	Witness	Other
2013-2014	296	228	21	15	6
2012-2013	309	252	17	11	3

Sexual Assault Statistics

Types of Assaults	Fiscal Year 2013-2014
Adult Survivor	11
Date Rape	22
Acquaintance Rape	54
Stranger Rape	12
Marital Rape	12
Family Molestation	95
Acquaintance Molestation	58
Stranger Molestation	6
Sex Trafficking	4
Family Rape	36
Other	45
New Clients	356

General Crimes Statistics

Types of Assaults	Fiscal Year 2013-2014
Child Abuse	31
Harassment	51
Robbery	3
Assault	31
Kidnapping	5
Vehicular Assault	4
Property Crimes	8
Fraud	3
Trafficking	1
Homicide	15
Totals	152
Total New Clients	141

For more information regarding these reports please contact Renee Blackman, rblackman@myfrontiermail.com

Prevention Program

SARC's Prevention Program is constantly collaborating with schools, community groups, and organizations to fill needs and provide information about sexual assault prevention. The schools have a state mandate to cover topics related to sexual violence, harassment, bullying, etc in their classrooms during the year and it is up to school how they want to disseminate the information. Several schools in the community choose to have SARC spend weeks in their schools to cover these topics instead of having a particular staff member do it. Schools in which SARC is a constant presence are; Enterprise Middle School, Ellen Ochoa Middle School, Ruth Livingston Elementary School, Vergie Robinson Elementary School, Mark Twain Elementary School, Highlands Middle School, Horse Heaven Hills Middle School, Southridge High School, Chiawana High School, Pasco High School, etc. Once schools realize how helpful the programs are to students they tend to have us back several times during the year.

SARC is dedicated to participating in as many health fairs and community events as possible. We are committed to raising the awareness of sexual violence and preventing future sexual abuse. Our goal is to make every community member aware of our services and to provide the tools needed to reduce violence in our community. Last fiscal year we participated in many different events, including: Pride, National Night Out in Richland and Kennewick, Lamb Weston Employee Event, 911 Memorial Event, Reach Out!, 5k Walk/Run for Human Trafficking, Duck Race Booth, Women's Expo, the following United Way Campaigns at Williams Gas Pipeline Company, Department of Energy, Mission Support Alliance, Washington Closure Hanford, Bechtel, & Areva, the Chiawana College Night, Jueves Gigantes, Towne Hall Meetings at Ochoa Middle School and Prosser Community, ECAP Family Night, Union Gospel Mission, Family Expo, WSU Volunteer Fair, International Women's Day, Candlelight Vigil, Human Trafficking Community Event, Kadlec Safe Saturday, Hanford Health & Safety Expo, Tyson Foods Health Fair, Take 25 Event, Pancake Breakfast, and the Wal-Mart Safety Event.

Total Sessions Offered for Each Program

Fiscal Year Comparison	Boundary & Body Safety	Safe Bodies, Healthy Minds	Personal Body Safety	Technology Safety	Harassment & Bullying Prevention	Creating Healthy Relationships	United Way Rallies	SARC Services	Other	Total Presentations
2013-2014	68	161	142	213	339	121	10	61	60	1,175
2012-2013	37	240	78	130	308	81	9	52	9	944

Camp SARC

In June we held our fourth annual CAMP SARC. This year we had the pleasure and ability to work with 23 kids who had been impacted by abuse either as a primary or secondary victim. We were fortunate to have the 2 previous group leaders from the first 2 years of camp come back and work again. We had several kids share more about their personal experiences with abuse than ever before. We had several compliments from parents about their children's experiences. Some of the compliments included that their children had opened up more, they really seemed to respond to the content, and my personal favorite; this is the ONLY camp my son would be willing to come back to. It is so rewarding to work with the children and be able to participate in their continual healing.

Christmas Families

The Christmas holiday season is very difficult for some of our clients' families. In an effort to make the season a little more cheerful for them, the Support, Advocacy & Resource Center adopts families in need as our **Christmas Families!**

Items that have been donated in the past include:
Gift cards, Clothing, Toys, and Household items.

Any and all donations are greatly appreciated.
Please contact SARC at (509) 374-5391 for more information.

Thank you for helping us spread cheer this holiday season!

Fred Meyer Community Rewards Program:



**Do you shop at Fred Meyer?
If you do then you can sign up for Fred Meyer Community Rewards! In 2 simple steps you can donate to SARC without digging into your wallet!**

1. Sign in to your account using the following website:

www.fredmeyer.com/communityrewards

*(if you do not have a rewards card you can obtain one **very easily and quickly** on the same link!)*

2. Enter your Fred Meyer Rewards Card number and the SARC nonprofit number which is: **86721**.

Each time you shop, SARC receives a percentage at NO COST TO YOU and without affecting your benefits you are currently receiving by utilizing your card. What an easy way to donate to a charitable cause just by doing your normal everyday shopping!

**~ Please join and share ~
we appreciate your help!**

SARC WOULD LIKE TO GIVE AN EXTRA SPECIAL THANK YOU TO THE FOLLOWING:

Elizabeth & Abigail Peterson, Kathryn Hogue, Richland Church of Christ Sewing Sisters, Barb Wolski, Jerry Wolski, Wes Gardner, Chris Littrell, Janice Roach, Lucky Bridge Casino, Duane Moe, Tri-Cities Exchange Club, Tri-Cities Sunrise Rotary,

Soroptimist Int'l Pasco & Kennewick, Columbia Center Rotary, Jordan Westphal, Ryan & Ashley Matthews, Badger Mt Elementary, Tim Wolski, Shawn Murrow, Columbia Basin Hearing Center, Kathy Meline, Dee Millikin, Joyce Henton, Kristin Jarman,

Parish of the Holy Spirit, Mike Hahn, Muriel Brown, Willowbrook Ward Young Women's Group, Presbyterian Women of Central WA, The Body Shop

We appreciate your generous support!

Happy Holidays!

This year, SARC invites our readers and supporters to participate in an effort against sexual assault by asking for donations for the holiday season or to support our prevention efforts during Sexual Assault Awareness Month. These donations can include everything from a monetary donation to donating your time. Your dollars and time are extremely important in providing crisis and prevention services within Benton and Franklin Counties. Please take a moment to consider how meaningful a contribution will be to our agency and send your gift to:

**Support, Advocacy & Resource Center
830 N. Columbia Center Blvd., Suite H
Kennewick, WA 99336**

Name: _____

Address: _____

Phone: _____

Please accept my donation of:
\$25.00 _____ \$50.00 _____ \$100.00 _____ \$ _____

To go toward: (circle one) Crisis Program Prevention Program Kids Haven Program

Please accept my donation of time for the event I would like to be a part of:
(We will call closer to March for exact days)

Strides of Strength Little People Project Kids Haven Benefit Auction

Please detach and return with your donation, Thank You!

Mid-Columbia Sex Offenders



NAME: Michael
Patterson
ADDRESS:
Transient
SEX: Male
HAIR: Brown
EYES: Brown
HEIGHT: 6'6
WEIGHT: 160
DOB: 2/25/73

CONVICTION DATA:
3 counts Rape of a Child.
Fail to register 5/16/14.



NAME: Brandon
Robert Hankel
ADDRESS: 500
Block of N Kent
SEX: Male
HAIR: Brown
EYES: Blue
HEIGHT: 5'9
WEIGHT: 135
DOB: 2/01/83

CONVICTION DATA:
Attempted Rape 3rd.
Currently under DOC Supervision.

This Notice is For Information Only

This information is provided in accordance with RCW 4.24.550. The Police Departments have no legal authority to direct where a sex offender may live. Unless court ordered restrictions exist, the offender is constitutionally free to live wherever they choose. Citizen abuse of this information to threaten, intimidate or harass registered sex offenders will not be tolerated. Such abuse could end our ability to do community notifications.



SARC NEWS

Upcoming Events



November 17	Board of Director Meeting
November 20	Rosanna's Birthday
November 27/28	Office Closed/Holiday
December 2	Norma's 2 year Anniversary
December 8	Renee's Birthday
December 24-31	Office Closed/Holiday
January 1	Office Closed/Holiday
January 16	Brandi's Birthday
January 19	Office Closed/Holiday
January 26	Board of Director Meeting
February 6	Cindy Rochleau's Birthday
February 10	Krystalina's first Anniversary
February 16	Office Closed/Holiday
February 17	Volunteer Core Training
February 19	Volunteer Core Training
February 23	Board of Director Meeting
February 24	Volunteer Core Training
February 26	Volunteer Core Training
February 28	Volunteer Core Training
March 3	Volunteer Core Training
March 5	Volunteer Core Training
March 8	Mitzi's 16th Anniversary
March 16	Board of Director Meeting

SARC & CVSC Board of Directors

President

Cindy Rochleau

Vice President

Kevin Hartze

Secretary

Marilyn Heasley

Treasurer

Craig Littrell

Member at Large

Josh Bunten

Members

Leslie Sievers

Jim Raymond

Ernie Flowers

Janice Roach

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supportadvocacyresourcecenter.org

SARC Office:
830 N Columbia
Center Blvd.
Suite H,
Kennewick, WA
99336

24-hour Hotline
(509) 374-5391



Support, Advocacy & Resource Center
830 North Columbia Center Blvd., Suite H
Kennewick, WA 99336

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Striving for a "Community without Victims"



about the program

The Support, Advocacy & Resource Center serves Benton and Franklin Counties with sexual assault crisis and education services. We provide free and confidential assistance for victims of sexual assault, child sexual abuse, dating violence and adult survivors of child sexual abuse.

SARC also provides prevention education for our schools, day cares and community groups on sexual abuse and safety issues. Our services are available to all people regardless of age, gender, religion, ethnicity, sexual orientation, or physical and mental ability.

The Washington State Office of Crime Victims Advocacy accredits SARC as a Community Sexual Assault Program. SARC is a member of the Washington Coalition of Sexual Assault Programs and

the United Way of Benton and Franklin Counties.

Services are provided through grants from the state and federal government, local and regional foundations, and through donations from our generous community.

The opinions expressed in the "Point of View" section of this publication do not necessarily reflect the views and opinions of staff, board of directors, volunteers and sponsors of SARC.

The SARC Advocate is designed to educate, inform and promote community awareness regarding sexual assault issues. Reader feedback and submissions are always welcome. Mail to: 830 North Columbia Center Blvd., Suite H, Kennewick, WA 99336 or contact us via e-mail.

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Visit us on the web at
www.supportadvocacyresourcecenter.org
www.crimevictimservicecenter.org

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Fax Number (509) 374-8743 Mailing Address: 830 North Columbia Center Blvd. Ste. H, Kennewick, WA 99336